

# MIDWESTERN UNIVERSITY

BODY DONATION PROGRAM

20195 N. 57<sup>th</sup> Avenue Glendale, AZ 85308 Phone: 623-806-7990

Fax: 623-806-7997

www.midwestern.edu/bodydonation

Dear Applicant,

Anatomy, the study of the structure and function, is an integral part of health care education. Whole body donation ensures that students receive in-depth instruction about the complexities of the human body through direct examination and study of the body itself. This unique educational experience provides students the opportunity to understand and appreciate the diversity of the human form that they will encounter in their patients.

Arizona Law permits a person who is at least 18 years of age to make arrangements to donate his/her body to a medical school for educational purposes. It also allows, at the time of death, for the donation of another's body to a medical school by the durable power of attorney/donor next- of-kin/donor agent. We recognize the thoughtful consideration that goes into this decision and wish to acknowledge and express our gratitude to those individuals who generously choose to invest in the future of health care by making this donation.

If you have any questions about donating or completing the enclosed donation forms, please contact us.

Sincerely,

The Body Donation Program

Midwestern University Body Donation Program



# **GENERAL INSTRUCTIONS**

Application to the body donation program requires completion of the following six pages. The forms must signed per instructions.

# **DONATION APPLICATION FORM (please complete one)**

- PRE PLANNING (self-enrollment) to be completed by donor
- AT NEED (on another's behalf) completed as Durable Power of Attorney/ Next of Kin This form requires:
  - 1. Signatures of the donor for Pre-planning or durable power of attorney/next of kin for At Need.
  - 2. Signatures and contact information of two witnesses. Witness signatures do not need to be notarized.

# **BODY DONATION GUIDELINES**

This document informs the applicant about practices and procedures that will be adhered to during donation and subsequent study. Read each section carefully.

# **STATISTICS FORM**

The information provided in this form will be used for completion and processing of the donor application.

### FINAL DISPOSITION

This form will be used to indicate final disposition of cremains at time of study completion.

# **DEATH REGISTRATION WORKSHEET (2 pages per Arizona State Vital Records)**

Please complete all highlighted sections\* (also denoted with an asterisk) of this worksheet if applicable. We understand that some information is not known until after time of death. This information will be used to complete required government forms at time of death.

# \*Please note:

- Box #12 -Please list month and year of Arizona permanent residency when completing.
- Boxes #18A thru 18I This section is to be completed by person completing this form. i.e Donor (self-enrollment), Next of Kin, Durable Power of Attorney/ Donor Agent.
- Boxes #24A & #24B <u>If retired</u>, when completing, please list occupation and industry prior to retirement.

If you have any questions about this worksheet, please call our office 623-806-7990.

# Application will not be complete and reviewed until all six pages have been completed and submitted.

Please contact the Body Donation Program with any questions or for assistance in completing the forms.

Mail completed application (all six pages) to Midwestern University Body Donation Program. The forms will be reviewed by program staff. If the application meets program criteria, a donor card will be sent to you via mail.

Midwestern University Body Donation Program 20195 N 57th Ave, Glendale, AZ 85308 623-806-7990 / fax 623-806-7997

Email: azbodydonation@midwestern.edu



# **EXCLUSION CRITERIA**

Application to the donor program does not constitute acceptance into the program. Every effort will be made to accept the donor body; however, Midwestern University Body Donation Program or its representative may, at its sole discretion, decline a donation at the time of death. The durable power of attorney/next of kin/donor agent must be prepared to make alternative disposition arrangements (including all associated expenses) in the event that donation is declined.

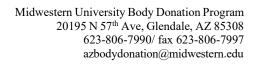
The following is a list of conditions or criteria that will exclude a donation to the program.

- persons younger than 18 years of age
- death occurring outside the State of Arizona
- delay in notifying program of donor's death
- case pending Medical Examiner
- autopsy or excessive trauma/damage to body (at program's discretion)
- suicide
- amputations (at program's discretion)
- organ transplants (other than corneas)
- unhealed major surgery prior to death
- obesity (see chart below) and height exceeding 6'5" restrictions
- emaciation (excessive weight loss)
- excessive edema
- extreme jaundice
- pressure ulcers (bed sores) (at program's discretion)
- active or history of hepatitis B & C or HIV/AIDS
- communicable diseases (active COVID, tuberculosis, Creutzfeldt-Jakob, MRSA)

Midwestern University Body Donation Program may decline a donation if the donation exceeds program space limitations or capacity.

# Acceptable weight must be no more than 10 pounds per chart below

Height	Weight
4 feet, 10 inches	140 lbs.
5 feet, 0 inches	150 lbs.
5 feet, 2 inches	160 lbs.
5 feet, 4 inches	170 lbs.
5 feet, 6 inches	180 lbs.
5 feet, 8 inches	190 lbs.
5 feet, 10 inches	200 lbs.
6 feet, 0 inches	210 lbs.
6 feet, 2 inches	220 lbs.
6 feet, 4 inches	230 lbs.
6 feet, 5 inches	240 lbs.





# PRE-PLANNING DONATION APPLICATION FORM

I,	, understand that Mid	lwestern University's Body Donation Program (	"Program")
Program are used in the teaching of sciences. Some bodies may be u problems or the development of r	of anatomy (body structure) to messed by biomedical scientists in new medical or surgical procedusible for its treatment in a manual	f medical knowledge. All of the bodies that come edical students, dental students, or students of the a educational research aimed at the solution of speures, devices, or medicines. In all cases, the Progner befitting a human body. Such determination in	llied health cific health ram retains
I understand and agree that my bool I understand, agree, and authorize		for up to <b>two years</b> after acceptance. Upon completate my body.	etion of use,
	nt will make, alternative dispo	body is not accepted into the Program and, as so sition arrangements (including all associated ex	
appropriate for the posthumous all alternatives in making my de how my body will be used or dishave shared my desire to make important to inform. I have also concerning this donation to the The information I have provide accurate, and reflect my voluntation.	s use or disposition of my body cision to donate my body to the sposed, and I remain resolute the donation of my body to so shared with the appropriate Program.  d on the forms I completed reary and knowing intentions.	may conflict with what my survivors or religion y. I hereby represent and warrant that I have one Program, I understand the purpose of the Program with all individuals, if any, that the individuals, if any, any other intentions or in lated to my donation of my body to the Program with all individuals, if any, any other intentions or in lated to my donation of my body to the Program we signed it freely and voluntarily without any in	considered ogram and Program. I I felt were astructions mare true,
	-	iversity. I understand and acknowledge that th d in connection with the donation is sincere, acc	
Signature of Donor/ Durable Powe	er of Attorney/ Next of Kin	Printed name of Donor/ Durable Power of A Next of Kin	ttorney/
Date	-		
	VE TWO WITNESS SIGNATURES sed the signing of this documen	t by the donor as set forth in A.R.S. § 36-844.	
Signature of witness	 Date	Signature of disinterested witness (Cannot be a family member)	Date
Printed name of witness	 Date	Printed name of witness	Date





# **BODY DONATION GUIDELINES**

Application to the donor program does not constitute acceptance into the program. Every effort will be made to accept the donor body; however, Midwestern University Body Donation Program ("Program") or its representative may, at its sole discretion, decline a donation at the time of death. The durable power of attorney/next of kin will be prepared to make alternative disposition arrangements (including all associated expenses) in the event that donation is declined.

The Program encourages all donors to share their wish for whole body donation with their family members or next of kin/donor agent. Some religious practices do not approve of body embalming and cremation. It is extremely important to discuss and resolve these types of issues with family or durable power of attorney/next of kin/donor before making the decision to donate. If, at the time of death, a family member or next of kin/donor agent raise objections to the donation, the Program will decline the donation.

Once accepted, the donated body will be used by the Midwestern University Body Donation Program, **typically for two years**, in a manner determined exclusively by the Program. When making a donation, donors and/or durable power of attorney/next of kin/donor cannot designate the uses to which the body, or parts thereof, will be put nor the persons or entities that will use them. The donated body may be used for more than one purpose. Parts of the body may be retained for independent study. These parts will be cremated separately and at a different time from that of the rest of the body. Any resulting cremains will be interred in a dignified and respectful manner. These remains will be non-retrievable.

All medical -dental implants and devices that arrive with the body (examples: dentures, bridgework, fillings, ports, shunts, pacemakers, metal fixators and prosthetic joints) will be considered a part of the body and remain with it during study. These devices are not retrievable. Personal effects received with the body including eyeglasses and hearing aids may be donated. Other items such as clothing or bedding will be discarded.

The Program coordinates the signing and filing of the death certificate. It can take up to two weeks before the certificate is filed with the state of Arizona. The Program cannot provide any copies of the death certificate itself but will provide information to the Durable Power of Attorney or Next of Kin on how to order them.

For more information on Arizona death certificates, please visit their website at www.azdhs.gov

I understand that my wish to donate my body to the Program may conflict with what my survivors or religion believe is appropriate for the posthumous use or disposition of my body. I hereby represent and warrant that I have considered all alternatives in making my decision to donate my body to the Program, I understand the purpose of the Program and how my body will be used or disposed, and I remain resolute in my desire to in fact donate my body to the Program. I have shared my desire to make the donation of my body to the Program with all individuals, if any, that I felt were important to inform. I have also shared with the appropriate individuals, if any, any other intentions concerning this donation to the Program.

The information I have provided on the forms I completed related to my donation of my body to the Program are true, accurate, and reflect my voluntary and knowing intentions.

I have read this document, fully understand its terms, and I have signed it freely and voluntarily without any inducement, assurance, or guarantee being made to me by Midwestern University. I understand and acknowledge that the donation is completely voluntary. I affirm that the information supplied in connection with the donation is sincere, accurate, and my true wish.

Signature of Donor/ Durable Power of Attorney/ Next of Kin	Printed name of Donor/ Durable Power of Attorney/ Next of Kin
 Date	



# **STATISTICS FORM**

Middle Nam					
	Middle Name Last Name				
	City or Town	State Zip Code		Zip Code	
ve)	City or Town	State		Zip Code	
	Home Phone		Cel	ll Phone	
ΓORY & INFOR	RMATION				
	ney Disease				
s B		Creutzfel	dt-Jak	kob () MRSA/ VRSA	
Primary Car	Primary Care Physician's Name, Phone Number / Fax				
EY/ DESIGNAT	ED LEGAL NEXT	OF KIN/DO	NOR	AGENT	
Middle Name	e	Last	Name		
	City or Town State Zip Code		Zip Code		
Email Address		Home Phone		Cell Phone	
ormation is impor	rtant in case we are un	nable to reach	the d	lesignated next of kin or	
	La		Last Name		
Middle Name	City or Town	State		Zip Code	
Middle Name			Cel	ll Phone	
		•	City or Town State  Home Phone		



Email Address

FINAL DISPOSITION					
I grant Midwestern University Body Dona body. Upon completion, <b>typically two y</b> returned or interred per instructions for fin	years after acce				-
Please <b>initial</b> your choice to indicate your disposition:	ours or durable	power of attor	rney/next	of kin/do	nor agent's preference for final
Return of cremated remains to p from acceptance into program. If not cla University Ossuary Garden. These remain	nimed within 90	days of notifica		• •	•
No return of cremated remains. remains will be non-retrievable.	Remains will bo	e cremated and	interred in	a dignifi	ed and respectful manner. These
appropriate for the posthumous use or call alternatives in making my decision to how my body will be used and disposed, have shared my desire to make the don important to inform. I have also shared donation to the Program.  The information I have provided on the accurate, and reflect my voluntary and left have read this document, fully understated assurance, or guarantee being made to not to have read the shared assurance of the posthumous use or call the shared assurance of the posthumous use or call the posthumous use of	donate my bod and I remain relation of my bod I with the appropriate the forms I completed knowing intentional its terms, and	dy to the Progra resolute in my dody to the Prograte individual resolute individual reted related to a tions.	am, I und lesire to in gram with luals, if a my donat	erstand the fact done all indiving, any of ion of my	ne purpose of the Program and ate my body to the Program. I viduals, if any, that I felt were ther intentions concerning this body to the Program are true, tarily without any inducement,
is completely voluntary. I affirm that the my true wish.	-	-			_
Signature of Donor/ Durable Power of Atto	rney/ Next of Ki		inted nam	e of Donoi	:/ Durable Power of Attorney/
Date					
PERSON DESIGNATED TO RECEIV FIRST NAME	E REMAINS (I LAST NAME		N, LEAV		Κ): ΓΙΟΝ ΤΟ DONOR
Mailing Address		City or Town		State	Zip Code
Email Address		Home Phone			Cell Phone
ALTERNATE PERSON DESIGNATE CONTACT	D TO RECEIV	E REMAINS I	F ABOV	E IS DEC	EASED OR UNABLE TO
FIRST NAME	LAST NAME	E		RELA	ΓΙΟΝ ΤΟ DONOR
Mailing Address		City or Town		State	Zip Code

Home Phone

Cell Phone

# ARIZONA DEPARTMENT OF HEALTH SERVICES BUREAU OF VITAL RECORDS

# **DEATH REGISTRATION WORKSHEET**

This form is for the collection of the data needed to complete the Arizona Certificate of Death. This is not a death certificate. Arizona Revised Statute §36-342. Disclosure of information; prohibition. While all efforts have been made to make this form accessible, if you have issues, please contact the Arizona Department of Health.

A. The state registrar may provide information contained in vital records to persons, including federal, state, local and other agencies, as required by law and for statistical or research purposes. B. Except as authorized by law, a local registrar, a deputy local registrar or the state registrar or their employees shall not:

- 1. Permit inspection of a vital record or evidentiary document supporting the vital record.
- 2. Disclose information contained in a vital record.

3. Transcribe of issue a copy of all of p	part of a vital record.							
1A. DECEDENT'S LEGAL FIRST NAM	ME*		1B. DE	CEDENT'S L	EGAL MIDDLE	NAME*		
1C. DECEDENT'S LEGAL LAST NAM	1E*		1D. SU	JFFIX (Jr, II,	etc)*		1E. AKA'S IF ANY	<mark>/*</mark>
2. SEX*  ☐ Female ☐ Male ☐ None ☐ Not Yet Determined ☐ Unknow	OCIAL SECURITY NUMBER*	4. DATE OF DI	EATH (mm/dd/yyyy)	5A. DATE	OF BIRTH*  (mm/dd/yy		 EIN ears Months _ lours Minutes	Days
6A. DECEDENT'S BIRTH CITY OR TO		TH COUNTY*	6C. DECEDENT	'S BIRTH ST	ATE*		NT'S BIRTH COUNTR	
7. EVER IN U.S. ARMED FORCES?*  Yes No Unknown	8. DECEDENT'S NAME	PRIOR TO FIRST N	MARRIAGE*			□ Yes□ No	nan Remains Release	Form)
10A. DECEDENT'S RESIDENCE STR	REET ADDRESS*	10B. ZIP CODE*	10C. RESIDEN	CE CITY*	10D. RESIDE	NCE COUNTY*	10E. RESIDENCE	STATE*
10F. RESIDENCE COUNTRY*	11. IN CITY LIMITS*  ☐ Yes ☐ No ☐ Unknown	12. HOW LONG IN Da	ıys 🗆 Hours 🗀 Mini	utes 🗆 Years	13. RESIDED	) IN AZ. TRIBAL	COMMUNITY?* 🗆 Y	es 🗆 No
					If yes, list nam	e of Arizona Tribal	l Community on the line	above
14. MARITAL STATUS*   Married	□ Widowed □ Divorced	☐ Never Married	☐ Married but S	•	□ Not Obtainabl			
15A. FIRST NAME OF SURVIVING SPOUSE*	15B. MIDDLE NAME OF SURVIVING SPOUSE*		ST NAME OF SUR E PRIOR TO FIRST		15D. SUFF		T NAME OF NG SPOUSE*	
16A. FATHER'S FIRST NAME*	16B. FATHER'S MIDDLE NAM	E*	16C. FATHER'S	S LAST NAM	E*	-	16D. SUFFIX	(Jr, II, etc)*
17A. MOTHER'S FIRST NAME*	17B. MOTHER'S MIDDLE NAM	ЛЕ*	17C. MOTHER	'S LAST NAN	IE PRIOR TO FI	RST MARRIAG	E* 17D. SUFFIX	(Jr, II, etc)*
18A. INFORMANT'S FIRST NAME*	18B. INFORMANT MIDDLE NA	/WE*	18C. INFORMA	NT LAST NA	ME*		18D. SUFFIX	(Jr, II, etc)*

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18E. RELATIONSHIP TO DECEDENT*	18F. INFORMANT'S EMAIL ADDRESS'		18G. INFORMANT'S PHONE NUM	BER*
18H. INFORMANT'S MAILING ADDRESS*			I FORMATION PROVIDED ON THIS FO THE BEST OF MY KNOWLEDGE.*	RM IS ACCURATE,
		Informant's Signature		Date Signed
19A. METHOD OF DISPOSITION  ☐ Burial ☐ Cremation ☐ Donatio	n   Entombment   Donation		ation* □ Donation/Entombment	19B. DATE OF DISPOSITION
Removal:   From State   Burial   Crema	ation   Donation   Entombment   Do	onation/Burial   Donation/Crer	mation   Donation/Entombment	
☐ Unknown ☐ Other (Specify)				
20A. PLACE OF DISPOSITION - NAME OF I	FIRST DISPOSITION FACILITY	20B. PLACE OF DISPOSITION	ON - NAME OF SECOND DISPOSITIO	N FACILITY
21A. NAME OF FUNERAL DIRECTOR (first,	middle, last, suffix) 21B. LICENSE N	NUMBER 21C. NAME OF FU	JNERAL HOME	
22. ADDRESS OF FUNERAL HOME OR OT	HER RESPONSIBLE PARTY	23. OTHER RESPONSI	BLE PARTY RELATIONSHIP	
24A. DECEDENT'S OCCUPATION*  24B. DECEDENT'S INDUSTRY*	a degree	ng, MEd, MSW, MBA) ssional Degree e.g.: MD, DDS, DVM, LLB, JB)		
26. DECEDENT'S HISPANIC ORIGIN* (Che ☐ No, Not Spanish/Hispanic/Latino ☐ Yes, N	eck the boxes that best corresponds with t	he decedent's ethnic identity as	given by the informant)	_atino
□ Not Obtainable □ Unknow	wn 🗆 R	efused	cify)	
27. DECEDENT'S RACE (Select all that App  White Black, African American American Indian/ Alaska Native (Specify) Enrolled Tribe Secondary Tribe Asian Indian	□ Chinese         □ Nat           □ Filipino         □ Gua           □ Japanese         □ Sar	ive Hawaiian amanian or Chamorro noan er Pacific Islander (Specify)	☐ Other (Specify☐ Refused☐ Not Obtainabl☐ Unknown	<u> </u>
28A. TYPE OF PLACE OF DEATH  Dead on Arrival Demergency Inpatient Decedent's Residence Hospice Nursing Home/Long Term Care Other; Specify	•	28B. PLACE OF DEA	TH FACILITY NAME	

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Midwestern University Body Donation Program 20195 N. 57<sup>th</sup> Ave, Glendale, AZ 85308 (623) 806-7990 / fax 623-806-7997 azbodydonation@midwestern.edu

# FAQ's

# Are there age restrictions for donation?

**Arizona Anatomical Gift Act** (Chapter 7, Articles 1-3) permits a person who is at least 18 years of age to donate his/her body to a medical school for educational purposes. There are no upper age limits.

# Do I have to pre-apply?

While this is preferred, the donation of another's body to a medical school by the durable power of attorney/next of kin/donor agent is allowed by Arizona Law.

#### Can a donation be refused?

Completion of the donor forms is considered to be an application to the donor program. It is not a guarantee that the donation will be accepted into the program. See **Exclusion Criteria**. If the donation is refused, the durable power of attorney/next of kin/donor agent will be responsible for making other arrangements for final disposition including transportation and all associated expenses.

# How will my body be used?

At Midwestern University most body donations are used within health care curricula for anatomical study, but some are used for research to advance medical and surgical techniques and procedures.

### How much time is required to complete the studies?

This will vary according to how the body is used, but generally there is a time lapse of about two years between the acceptance of the donation into the program and the completion of study.

# What happens to the body when study is completed?

The body will be cremated. If requested the program will return the cremains to the person designated to receive them. If no such request is made, the program will inter the cremains with dignity and respect at a common site. In such cases, cremains will not be retrieved under any circumstances.

# Will my family or other responsible person(s) be sent a report of observations of the study?

No. If at the time of death, a family member or durable power of attorney/next of kin/donor agent has concerns that might warrant a thorough forensic examination, they should contact the medical examiner or coroner to make arrangements. If an autopsy is performed, the body cannot be donated. See **Exclusion Criteria** 

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# What happens to the body when it's cremated?

Prior to cremation, pacemakers or battery-operated implants must be removed from the body. The body is then cremated. After cremation is completed, dense tissue such as bones and any metal implants remain. Pacemakers along with the metal implants are disposed of in a respectful manner. The dense tissues are processed into fine granules. These fine granules are collectively called cremains. The cremains are placed in a container for final disposition.

# Can I change my mind about donating?

Yes, a donor or durable power of attorney/next of kin/donor agent may revoke an anatomical donation at any time prior to death by completing a Revocation Form that is available by request from the program.

# What if my family disagrees with my wishes to donate after I die?

It is very important to discuss your decision to donate with family members and durable power of attorney/next of kin/donor agent to make your wishes clear. In the event of a family member or durable power of attorney/next of kin/donor agent's objection at the time of death, the Body Donation Program will decline the donation.

### What happens when I die?

At time of death, durable power of attorney/next of kin/donor agent should contact the Body Donation Program as soon as possible at 623-806-7990. The Body Donation Program or its representative will accept or decline the donation based on the **Exclusion Criteria**. If accepted, the body will be transported to the Body Donation Program at no cost to the donor's estate as long as death occurs within 30 mile radius of Maricopa County.

# Is it possible to have a funeral/memorial service before the body is brought to the donor program?

No, at the time of donation the body is transported to the program. A funeral/memorial service may be held but the body will not be present.

# What is the cost of donation to my family/estate?

If death occurs within a 30 mile radius of Maricopa County and the body is accepted into the program, the program will assume all costs including cremation and mailing of cremains (if so designated. If death occurs outside of the 30 mile radius and the body is accepted into the program, the family/estate will be responsible for the additional mileage cost of \$3.00 per mile.

# How does my durable power of attorney/next of kin/donor agent obtain a death certificate?

All information needed for a death certificate will be filed with Arizona Bureau of Vital Statistics. The durable power of attorney/next of kin/donor agent must apply for copies of the death certificate and assume associated costs.