

Winter 2021-2022

Volume 6

Issue 3

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## AAO Academy 2021 Boston

The American Academy of Optometry (AAO) held its annual meeting in-person on November 3-6 in Boston, Massachusetts. As the profession's largest meeting, it provided optometrists and students a long-awaited time to reconnect and choose from more than 300 hours of lectures and workshops, Section and Special Interest Group symposia, and hundreds of scientific paper and poster presentations (listed on the next page). There were over 6,200 in attendance, all whom followed COVID-19 protocols established by the AAO and State of Massachusetts.



CCO's newest Fellows, Dr. Jenna Williams and Dr. Christopher Pereira

The meeting began on Wednesday with engaging clinical session panels with over a 100 industry partners and sponsors in the Exhibition Hall. On Thursday, we welcomed our newest fellows, which included two of our physicians, Dr. Jenna Williams and Dr. Christopher Pereira. The Chicago College of Optometry congratulated Dr. John Gialousakis on his Diplomate, and Dr. Konstantina Kalas on becoming a fellow last year. Students from several colleges competed in the Essilor Luxottica Academic Challenges, which provides cash prizes to the winner. The Alcon's Hoop It Up Challenge also gave way to \$25,000 donation to the AAO from the Alcon Foundation.



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In addition to all the exhibits and panels, our CCO faculty and students presented lectures and posters at the event.

### Lectures Presented:

- **Parres Wright, O.D., FAAO**, Assistant Professor, "What Low Vision Resources are Available for You and Your Patients."
- **Jenelle Mallios, O.D., FAAO**, Associate Dean of Clinical Affairs and Dr. Matthew Vaughn, OD, FAAO, "Pediatric Special Populations for the Primary Care Optometrist."
- **John Gialousakis, O.D., EdM, FAAO**, Director of Curriculum Development. "Management of Acute Corneal Hydrops in a Patient with Advanced Keratokonus."



Dr. Jenelle Mallios presents with Dr. Matthew Vaughn of SUNY College of Optometry.



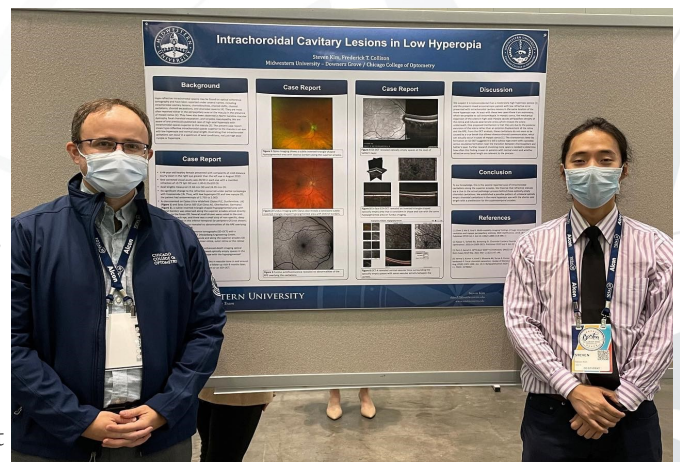
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Tomorrow's Healthcare Team

- **Dr. Vakishan Nadarajah, O.D., FAAO, FSLs**, Assistant Professor, “Rapid Fire: The Next Step: Tips for Troubleshooting Myopia.”
- **Dr. Parres Wright, O.D., FAAO**, Assistant Professor, “Closing the Gap: Addressing Diversity, Disparities, and the Impact of COVID-19 Among the Visually Impaired.”

#### Posters Presented:

- **Samantha Rice, O.D., FAAO**, Associate Dean of Academic Affairs, **Lana Bermel (CCO 2022)**, **Tina Ho (CCO 2022)**, **Brian Johnson (CCO 2022)**, **Courtney Marsh (CCO 2022)**, and **Arijit Chakraborty, Ph.D., MPhil**, Assistant Professor, “Effects of Smartphone Social Media Use on the Oculomotor System.”
- **Samantha Rice, O.D., FAAO**, Associate Dean of Academic Affairs, “Public Interest in Blue Blocking Lenses During COVID-19.”
- **Vakishan Nadarajah, O.D., FAAO, FSLs**, Assistant Professor, **Surag Upadhyaya, Ph.D., FAAO**, Assistant Professor, **Rimsha Choudhry (CCO 2022)**, **Yih-Jye Kung (CCO 2022)**, **Cecilia Chiu (CCO 2022)**, **Younsap Grace Lee (CCO 2022)**, “Effects of a Scleral Lens Piggyback System on the Normal Cornea.”
- **Brian Helmetag (CCO 2022)**, **Hiral Patel (CCO 2022)**, **Sara Javidinejad (CCO 2024)**, **Ashley Coots (CCO 2022)**, **Azra Wazir (CCOM 2024)**, **Emily Ong (CCOM 2024)**, and **Pablo de Gracia, O.D., Ph.D.**, Assistant Professor, Visual Performance with Myopia Controlling Multifocal Contact Lenses in Scenes with Multiple Object Vergences.”
- **Sarah Javidinejad (CCO 2024)**, **Tylar Dickson (CGS 2021)**, **Emily Ong (CCOM 2024)**, **Azra Wazir (CCOM 2024)**, and **Hiral Patel**, “Biofinity Multifocal Lenses: Monovision or Multifocal Vision.”
- **Brian Helmetag (CCO 2022)**, **Matthew McGee (CCO 2023)**, **Sarah Javidinejad (CCO 2024)**, **Emily Ong (CCOM 2024)**, **Azra Wazir (CCOM 2024)**, and **Hiral Patel (CCO 2022)**, “Through Focus Microsaccade Characteristics when using Multifocal Contact Lenses in Myopes and Emmetropes.”
- **Pablo de Gracia, O.D., Ph.D.**, Assistant Professor, **Hiral Patel (CCO 2022)**, **Sara Javidinejad (CCO 2024)**, **Emily Ong (CCOM 2024)**, **Azra Wazir (CCOM 2024)**, and **Brian Helmetag (CCO 2022)**, “Through Focus Microsaccade Characteristics for Emmetropic and Myopia Patients as a Function of Frequency Content of Targets.”
- **John Gialousakis, O.D., EdM, FAAO**, Director of Curriculum Development, “The Effect of Physical Activity on the Aqueous Layer of the Tear Film.”
- **John Gialousakis, O.D., EdM, FAAO**, Director of Curriculum Development, “Learning Styles and Study Habits of Current-Day Optometry Students.”
- **Arijit Chakraborty, Ph.D., MPhil**, Assistant Professor, **Kennedy Hall (CCO 2022)**, **Grant Sealock (CCO 2022)**, and **Tiffany Tran (CCO 2022)**, “Harnessing Visual Plasticity in Adults.”
- **Frederick Collison, O.D., FAAO**, Assistant Professor, and **Steven Kim (CCO 2022)**, “Intrachoroidal Cavitory Lesions in Low Hyperopia.”
- **Samantha Rice, O.D., FAAO**, Associate Dean of Academic Affairs, **Arijit Chakraborty, Ph.D., MPhil**, Assistant Professor, **Lana Bermel (CCO 2022)**, **Tina Ho (CCO 2022)**, **Brian Johnson (CCO 2022)**, and **Courtney Marsh (CCO 2022)**, “Effects of Smartphone Social Media Use on the Oculomotor System.”
- **Clinton Prestwich, O.D., FAAO**, Assistant Professor, “Childhood Student-Onset Idiopathic Noncomitant Vertical Strabismus.”
- **Sanjana Shashidhar, O.D. (CCO 2021)**, “Diagnosis and Management of Subtle Motor-Based Dysgraphia.”
- **Michael Zoelle, O.D. (CCO 2021)**, “Amaurosis Fugax Patient Diagnosed with Over a Dozen Hollenhorst Plaques.”



Dr. Frederick Collison and student Steven Kim present their poster at AAO Academy 2021.

## PRECEPTOR CORNER: TEACHING STUDENTS IN A CLINICAL SETTING

There are many different ways to stimulate interest and teach students. According to Precepting Made Easy: A Teaching Guide for the Office-Based Clinical Medicine Preceptor by Harvey S. Raskind, M.D., some techniques to motivate a student includes:

- ◆ Handing out brief pre-written case presentations of the current day's patients problems
- ◆ Observing the preceptor
- ◆ Providing handouts detailing a topic related to the examination
- ◆ Showing some samples of case write-ups of previous student's notes
- ◆ Role-playing with case presentations.



Whichever technique you use, creating an engaging learning experience by combining a complete student discussion and participation will often yield the best results. Additionally, by incorporating what you have observed as a preceptor, you can tailor your teaching specifically to the student's needs.

There may be other techniques that have proven more useful for your particular site, but whichever approach you decide to use, making the experience as dynamic as possible for both student and teacher will result in the most learning for everyone.

## CLINIC SPECIALTY FEATURE: OCULAR PROSTHETICS

Our Contact Lens Clinic has dedicated doctors who specialize in the fitting, creation, and maintenance of all types of ocular prosthetic devices in-house. Devices include in-office tinting of contact lenses, scleral shells, and reform prosthetics.

For more information or to refer any patients, please contact the Eye Institute at 630-743-4500.

### KEEP IN TOUCH

We would love to hear about any updates on you and your site! Presented a poster or lecture at a conference? Providing a new services at your site? Earned a fellowship or diplomate status? Let us know. You may be featured in one of our upcoming newsletters.

You may contact the Assistant Director of Rotations, Dr. Daniel Deligio, at [ddelig@midwestern.edu](mailto:ddelig@midwestern.edu) or 630-743-4853.

### INTERESTED IN CE EVENTS AND OTHER OPTOMETRY RESOURCES?

Visit our **CCO Preceptor Resources** page at <https://www.midwestern.edu/academics/degrees-and-programs/doctor-of-optometry-il/current-preceptors.xml>

## SR. ADMINISTRATIVE ASSISTANT OF ROTATIONS LEAVING CCO

After nearly five years of working with the Chicago College of Optometry, it is with mixed emotions that I announce my departure from this amazing institution. As of February, I will be moving to New Jersey to pursue new ventures.

I have had the honor to work with such a dedicated and hard-working team of faculty and staff who have made my stay here an enjoyable one and made my leaving that much harder. I have also had the privilege to see our inaugural class of optometry students graduate and our College become a fully accredited school. I will forever cherish these fond memories and take them with me everywhere I go.

I want to express my appreciation to you all and your continued contributions to make CCO feel like a family; I wish you all the best in your future endeavors.

If you have any questions or concerns moving forward regarding rotations, please reach out to Dr. Daniel Deligio.

- Nadine Antonio

### IMPORTANT DATES AND REMINDERS:

Last Day of the Winter Quarter	February 18, 2022
Submit Final Grades	February 23, 2022
Start of Spring Quarter	February 28, 2022